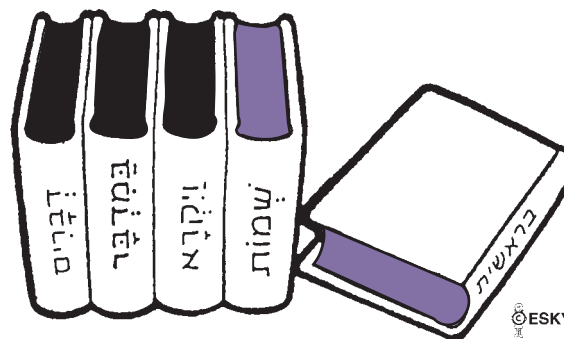


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Supporting Jewish Schools



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## PaJeS Parashat Hashavua Curriculum

Reviewed edition - March 2014: Adar 5774

## Middah/Mitzvah Grid for Sefer Bereshit

	NUR. + REC.	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
<b>BERESHIT</b>	Everything comes from Hashem	Saying 'Thank you'	To keep Shabbat is a mitzvah	Working together	Self control	תיקון עולם Caring for the world	Self improvement
<b>NOACH</b>	Kindness	Kindness	Perseverance	Doing what is right even if it is not popular	'לשון נקי' Using pleasant language	אחדות Working together	Every society needs laws (Citizenship)
<b>LECH LECHA</b>	Doing what we are told	Following good examples	Valuing and using one's Jewish name	Separating to keep the peace	Going out of one's way to help one's family and others	Keeping away from bad influences	מילה כמילה as a sign of Jewish Identity
<b>VAYERA</b>	הקנאת אורחים Welcoming visitors	Caring about others	ביקור חולים Visiting the sick	זריזות למצוה Enthusiasm to do a mitzvah	אהבת הבריות Love for all human beings	אמונה באל Belief in Hashem	Facing difficult choices
<b>CHAYEI SARAH</b>	חיים Kindness	Kindness to people and animals	Tefillah	Making peace	הכרת הטוב Gratitude	Integrity (Decency and fairness in business dealings)	נחום אבלים - Comforting the mourner
<b>TOLDOT</b>	Recognising that each of us is different	Recognising that we are all good at something	כבוד אב ואם Honouring parents	Speaking politely	כבוד אב ואם Listening to parents	פנייה תפילה Saying tefillot with פנייה	The rightful ownership of Eretz Yisrael by Bnei Yisrael
<b>VAYETZE</b>	Kindness	Saying 'Thank you'	Sharing	Good things are worth waiting for	Dealing with problems in a calm way	Making a difference	Making Eretz Yisrael central in our lives as Jews
<b>VAYISHLACH</b>	Making up after a quarrel	Doing everything possible in order to make peace	Caring	Being prepared	Keeping away from bad influences	Respect for humankind (Citizenship)	Living up to one's Jewish identity (name)
<b>VAYESHEV</b>	Being jealous	Doing what is right	Sensitivity to other people's feelings	השקחה פרטית Hashem cares for each person	עברה גוררת עברה One bad deed leads to another	Sensitivity	The consequences of one's actions
<b>MIKETZ</b>	Respect for kings and queens	Caring about each other	כל ישראל ערבים זה לזה Being responsible for one another	Doing teshuvah	Respect	Acknowledging Hashem in our lives	Global responsibility (Feed the world!)
<b>VAYIGASH</b>	Everything is from Hashem	Keeping promises	Forgiveness	Considering people's feelings	Making strangers welcome	Everything Hashem does is for the best	Keeping promises
<b>VAYECHI</b>	Showing love	Following good examples	Recognising that each member of a family is different and special	Keeping promises	Working together	Behaving according to Jewish values	אהבת ארץ ישראל

## Middah/Mitzvah Grid for Sefer Shemot

	NUR. + REC.	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
<b>SHEMOT</b>	Kindness	A Jewish person has a Jewish name	קְדוּשַׁת הַמָּקוֹם Respect for a holy place	Looking for the good in everything	Standing up against injustice	Empathy leading to action	יִרְאָת שָׁמַיִם? Respect for and fear of Hashem
<b>VA'ERA</b>	אֵמוּנָה Hashem is everywhere	אֵמוּנָה – Recognising the greatness of Hashem in our everyday lives	אֵמוּנָה Hashem protects Bnei Yisrael	הַכָּרַת הַטּוֹב Gratitude	Accepting help to solve a problem	Brotherly love and respect	Keeping promises
<b>BO</b>	Following instructions	Obeying instructions	The mitzvah of keeping Pesach	Being kind and considerate	Everyone is important from the youngest to the oldest	יִרְאָת שָׁמַיִם? Respect for and fear of Hashem	Being in control of one's own time
<b>BESHALACH</b>	אֵמוּנָה – Hashem's miracles show that He looks after us	Being brave	Expressing gratitude	Keeping a promise	Thinking about the needs of others	בְּטַחוֹן Trust in Hashem	Acknowledging Hashem as the source of all our food
<b>YITRO</b>	כְּבוֹד אָב וְאָמ	כְּבוֹד אָב וְאָמ	דִּרְךְ אֲרָץ Showing respect	The mitzvah of Shabbat	אֲחֻדוּת The power of unity	Giving and accepting advice	אָב וְאָמ Honouring and respecting parents
<b>MISHPATIM</b>	Kashrut – keeping milk and meat separate	Keeping the laws of the Torah	Respecting other people's property	Sensitivity to strangers	Kashrut	Standing up for what is right	The value of תּוֹרַת שְׁבַע לֵפָה
<b>TERUMAH</b>	Saying tefillot and doing mitzvot help us to come closer to Hashem	הַיְדוּר מִצְוָה – Doing a mitzvah in the nicest possible way	The Bet Kneset as a place to come close to Hashem	Bringing Hashem into our everyday lives	Giving selflessly	Integrity	Respect for the Bet Kneset
<b>TETZAVEH</b>	People who help us	Carrying out one's task with enthusiasm	Every job is equally important	Giving of one's best	דִּרְךְ אֲרָץ	Dressing with dignity and respect	Following instructions in order to achieve a pleasing result
<b>KI TISSA</b>	Keeping Shabbat	Forgiveness	Following good examples	Working together	Keeping Shabbat	Consequence of one's actions	Keeping away from bad influences
<b>VAYAKHEL</b>	Shabbat	Giving with love	The spirit of community (Citizenship)	Awareness that the talents we have are a blessing and gift from Hashem	The laws of Shabbat	אֲרִיזוֹת לְמִצְוָה – Using every opportunity to do a mitzvah	Women's roles in Judaism
<b>PEKUDEI</b>	אֵמוּנָה Knowing that Hashem is always with us	Showing respect	Working together brings good results	Following instructions	אֲחֻדוּת	Fulfilling a task even though it involves personal sacrifice	Equal opportunities

## Middah/Mitzvah Grid for Sefer Vayikra

	NUR. + REC.	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
VAYIKRA	Showing love to Hashem	Tefillah brings us close to Hashem	Tefillah Giving thanks to Hashem	Returning a kindness	Not boasting	Be yourself	Owning up when we are in the wrong and asking for forgiveness
TZAV	Tefillah Saying thank you	Following instructions	Connecting to our past	Kiddush Hashem	Sensitivity	Everyone's task is important to complete a job	The mitzvah of not eating blood (kashrut)
SHEMINI	Kashrut	Jewish identity	Kashrut	אמונה Belief that Hashem created the world	Jewish identity	Respect for authority	אמונה and בטחון Faith and trust in Hashem
TAZRIA	Saying 'Thank you' to Hashem	לשון הרע Do not tell tales	Knowing when you have done something wrong	Changing our behaviour	Understanding other people's feelings	The consequences of our actions	Be sensitive to other people's feelings
METZORA	לשון הרע Do not speak about other people	לשון הרע Do not speak about other people	Use your tongue wisely	שלום Bringing peace	Do not speak לשון הרע	Do not speak לשון הרע	Taking action when warned
ACHAREI MOT		Kashrut	Do not copy bad behaviour	Keeping Yom Kippur	Kashrut	Correct yourself before you correct others	Be proud of who you are, wherever you are
KEDOSHIM	Being nice to each other	Being kind to other people	'Do not do to others what you would not like to be done to you' (Hillel)	מפגי שיבה תקוים Respecting the learned and the elderly	ואתהבתי לרעהו קמווד	Being honest when dealing with others	Do not spread rumours even if they are true
EMOR	The mitzvot we do on the chagim	We keep the chagim today just the same way as the Jewish people did long ago	הקרית הטוב Showing our gratitude	Giving of our best at all times	Making a Kiddush Hashem	Giving to the needy in a sensitive manner	The Torah and our Rabbis are the guide to the way we live our lives as Jews
BEHAR	We need to rest in order to be strong	The mitzvah of שמירת השבת	אמונה Trust in Hashem as the source of all that grows	Caring for the environment	Helping the needy	ירושה Valuing family possessions	Acknowledging Hashem as the source of everything
BECHUKOTAI	Hashem cares about what we do	The result of good behaviour	The result of good behaviour	Consequences of good and bad behaviour	Sensitivity to people's feelings	גם זו לטובה Everything that happens is for the best	Tzedakah

## Middah/Mitzvah Grid for Sefer Bamidbar

	NUR. + REC.	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
<b>BAMIDBAR</b>	Hashem is everywhere	Following instructions	Everyone's place is unique to them	Every individual counts in the eyes of Hashem	Honour comes with responsibility	The influence of one's environment	The mitzvah of פְּדִיּוֹן הַבְּכוֹר
<b>NASSO</b>	Showing love	Every task is important	שְׁלוֹם Peace	Being polite	אַחֲדוּת Togetherness	In the eyes of Hashem each of us is unique and special	Self-control
<b>BEHA' ALOTECHA</b>	Obedying signals	The mitzvah of lighting lights	Being satisfied	Saying tefillot with כְּנִגְוָה	Loving mitzvot	The consequences of our actions	With greatness comes responsibility
<b>SHELACH LECHA</b>	Taking challah	Trust	לְשׁוֹן הָרַע	The mitzvah of tzitzit The mitzvah of 'taking challah'	Having a positive attitude	Respect	Tefillah
<b>KORACH</b>	Jealousy	Hashem gives each of us a different role in life	Avoiding quarrels	Making peace	Being satisfied	אֲמוּנַת הַכְּמִיּוֹם Trusting in one's leaders	Putting the community's interest before your own
<b>CHUKAT</b>	Hashem remembers the mitzvot we do	Sometimes we have to do things even though we do not understand the reason why	Consequences of our actions	Looking out for ways of making peace	The ways in which we show respect to a Kohen	Trust in Hashem	Being a role model With leadership comes extra responsibility
<b>BALAK</b>	Some of our tefillot come from Torah	Be kind to animals	The power of words	Respect for a person's right to privacy	Be aware of warnings (Listen to your messages)	זְרִירוּת Eagerness to fulfil a task	Acknowledging our differences and living accordingly
<b>PINCHAS</b>	A leader shows us how to behave and what to do	Being a leader	Being rewarded	Being fair	Qualities of leadership	Rosh Chodesh is a special day	Treating every situation on its own merit
<b>MATTOT-MASSEI</b>	Making promises (Reception only)	Thinking of others	הַכָּרַת הַטוֹב Showing gratitude	Making promises	Having feelings of regret	Valuing people before possessions	הַכָּרַת הַטוֹב Showing gratitude

## Middah/Mitzvah Grid for Sefer Devarim

	NUR. + REC.	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
<b>DEVARIM</b>	Teachers care	Preparing for change	Using past experiences to prepare for the future	Learning from our mistakes	Respecting people's feelings	Following good role models	חֲשׁוֹב הַנֶּפֶשׁ Being reflective
<b>VA'ETCHANAN</b>	Keeping Shabbat and listening to parents	Showing our love for the Torah	Respecting the Sefer Torah	Saying the Shema with כְּנִגָּה	Making Shabbat holy	Saying the Amidah with כְּנִגָּה	צְדָקָה – Justice (Citizenship)
<b>EKEV</b>	Saying 'Thank you'	אהבת ארץ ישראל Loving Eretz Israel	אהבת ארץ ישראל Loving Eretz Yisrael	Recognising Hashem as the source of the food we eat	כָּל יִשְׂרָאֵל עֲרֵבִים זֶה לָזֶה Demonstrating collective responsibility	הַכֶּרֶת הַטוֹב Expressing gratitude	אהבת ארץ ישראל Loving Eretz Yisrael
<b>RE'EH</b>	Keeping kosher	Eating kosher	Eating kosher	הַכֶּרֶת הַטוֹב Showing gratitude to Hashem	The mitzvah to kosher meat	אֲמוּנַת חֲכָמִים Trusting our Rabbis	קְדוּשַׁת הַגּוּי Respecting our bodies
<b>SHOFTIM</b>	Looking after trees	Looking after trees	Obeying rules	Being just and fair	Valuing trees	Giving tzedakah generously	צְדָקָה תְּרִדֶּיךָ Striving for justice
<b>KI TETZE</b>	Returning lost property	Returning lost property	Being kind to animals	Returning lost property	צַעַר בְּעַלֵי חַיִּים Respecting the feelings of animals	כְּבוֹד הַבְּרִיּוֹת Respecting the feelings of people	Being honest
<b>KI TAVO</b>	אהבת ארץ ישראל Loving Eretz Yisrael	הַכֶּרֶת הַטוֹב Showing gratitude	Everything comes from Hashem	Keeping our part of the promise with Hashem	Acknowledging Hashem as the source of everything	Knowing that there are consequences to our actions	Studying Torah in order to know its laws
<b>NITZAVIM</b>	Taking care of a precious gift	Respecting and caring for the Torah	Respecting and caring for the Torah	Doing teshuvah	Playing an active role in Jewish life to ensure Jewish continuity	Keeping the Torah keeps the Jewish people alive	Facing the consequences of our choices
<b>VAYELECH</b>	Singing Torah songs to learn the Torah words	Keeping our traditions	Keeping our traditions	Learning to listen	Knowing that there is always something new to learn from the Torah	Being a good leader	Studying Torah to guarantee Jewish continuity
<b>HA'AZINU &amp; V'ZOT HABRACHAH</b>	Practising good middot	Practising good middot	Asking advice from parents/teacher/Rabbi	Valuing our differences	אהבת ארץ ישראל Loving Eretz Yisrael	Knowing that everyone can learn Torah	Devoting oneself to the service of Hashem